



For Immediate Release:

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Mountaineers Making the Mission, their Mission

FREDERICK, MARYLAND, Friday, October 12, 2018 — Mount St. Mary's Mountaineers basketball team will be at the Mission (in uniform) volunteering their services to work in the Food Distribution Center, helping those in need get the groceries they need while uplifting their spirits.



This Northeast Conference, Division 1, NCAA team will be using this opportunity to connect with the homeless and those in need in Frederick County. The men will be working unloading a large truck of food that will be arriving from the Maryland Food Bank, bagging groceries, delivering groceries to the cars of those who stop in for food and uplifting spirits with good old fashioned mingling and conversation.

The Mountaineers will be at the Mission from 11 am until 3pm. More information on the Mount St. Mary's Mountaineers Men's Basketball team can be found on the web at <http://mountathletics.com>

The Frederick Rescue Mission has been serving Frederick city and the surrounding areas for five decades. Established as a non-profit Christian ministry in 1964, the Mission is a Christ-centered ministry providing residential recovery programs to the homeless or chemically addicted, food to the hungry, clothing to the needy, and connection within our community through relationships.

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