



For Immediate Release:

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## Walk strong for a cause

**FREDERICK, MARYLAND, September - November** — The Frederick Rescue Mission invites schools, churches, companies and organizations to host a “Walk Strong” walkathon in the months of September, October and November or to join Hood College for their “Walk Strong” walkathon on Thursday, September 27, 2018.



Walk Strong is an opportunity for community members to connect with the homeless and those in need in Frederick County. Participants learn about the critical issue of homelessness and the Mission’s vision for helping. By hosting a walk, participants raise funds for the Mission to keep vital programs and services growing and actively changing lives.

The Hood College “Walk Strong” starts at 12:45. For more information or to register, host or donate online, please visit [www.therescuemission.org/walk-strong](http://www.therescuemission.org/walk-strong) or find the Hood College Walk Strong Facebook page by searching for “Walk Strong 2018”.

**The Frederick Rescue Mission** has been serving Frederick city and the surrounding areas for five decades. Established as a non-profit Christian ministry in 1964, the Mission is a Christ-centered ministry providing residential recovery programs to the homeless or chemically addicted, food to the hungry, clothing to the needy, and connection within our community through relationships.

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