



The Frederick Rescue Mission is a Christ-centered ministry that seeks to rescue the least, the last, and the lost from a life of poverty, hunger, homelessness, and chemical dependency.

# FREDERICK RESCUE MISSION

January 2008

## PARTNERSHIP LETTER

### An Unexpected Blessing



Two years ago, John Hammond was ordered by the court to complete 40 hours of community service here at the Frederick Rescue Mission. He knew little about the Mission and simply came to fulfill his obligation. With each day, he and the residents began to develop friendships and he quickly learned that the Mission is not just a soup kitchen or homeless shelter, but that the men he was working with everyday were fighting addictions and trying to follow the life Jesus Christ has for them.

John has gone through many hardships himself after "losing everything" due to a major car accident years ago. His back is permanently damaged which prevents him from working a full-time job. He explains how he once was financially well-off and now "doesn't have a penny" in his pocket. After completing his required 40 hours in only two weeks, John felt so connected to this ministry that he started volunteering several times a week. As time went on, the men showed concern and care for him, and although John has always been a private person, he shared some of his personal struggles and was always willing to lend an ear to anyone in need. Such an extreme life change, like the one John went through after his car accident, could cause anyone to give up hope and withhold generosity. However, John found that the more you give others, the more you receive.

It's almost been two years now since John finished his community service hours. Today, he continues to serve meals, washes dishes, and drives a truck every Saturday to pick up food donations from 12-14 grocery stores and restaurants. He "feels like a part of the family" and considers the men his friends who he can call on when he needs help. What was supposed to be 40 hours led to years of continued friendship and immeasurable blessing for both John and those who know him at the Mission.

"Bottom line is that it's not about serving food, it's about helping people... You never know when you'll be in that situation."

**John Hammond**

AND HE MADE KNOWN TO US THE MYSTERY OF HIS WILL  
ACCORDING TO HIS GOOD PLEASURE, WHICH HE PURPOSED IN CHRIST...

EPHESIANS 1:9

Arnold W. Farlow – Executive Director

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## MINISTRIES

- Residential Services
- Bread of Life Community Kitchen
- Lindsey Learning Center
- Recycling Services
- New Life Chapel
- Administrative Offices

## 2007 STATISTICS THROUGH NOVEMBER

- Bed Nights ..... 11,796
- New Residents Served..... 66
- Meals Served ..... 58,196
- Food Boxes Distributed ..... 1,129
- Recycled Textiles . . . 1,109,158 lbs.
- Clothing Vouchers Distributed . . . . . 395 (\$7,376)
- Furniture Vouchers Distributed . . . . . 173 (\$13,386)
- Lindsey Learning Center Intakes ..... 66
- External Diploma Program Students ..... 5
- Frederick Community College Students ..... 1
- Students Receiving Tutoring ..... 9
- Students Taking Computer Class ..... 8

## CONTACT INFO

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 hkim@therescuemission.org

## MISSION WORK

Do you feel called to work in a ministry that changes lives? The Frederick Rescue Mission is always looking for qualified, passionate people to join the Mission team in serving the broken and hopeless. Be a part of a wonderful organization who seeks to glorify Jesus Christ. Please email your resumes to jobs@therescuemission.org.



What difference a year makes! Often we want things to change now but most change is incremental. It is the accumulation of the little day to day decisions that greatly determine the kind of life we have. Following the Lord may begin with one big "decision" but it is the little moment by moment decisions that reflect our faithfulness to Him.

A year reveals a big picture of our little decisions. A year mostly without quiet times will reveal spiritual weakness. A year without saving a little from each paycheck will reveal a financial lack. A year without much exercise will reveal a few extra pounds. A year without giving materially and spiritually will reveal a less generous spirit.

The opposite is true. An extra 15 minutes each day in the Scriptures will result in spiritual growth. A few dollars added to our savings each pay check will result in a nice little reserve fund. Exercising several times a week will result in better health and a few less pounds. Giving of ourselves a little here and there will result in a more generous spirit.

May God's grace lead us to be wise to make godly little decisions each day that we may become more like Jesus!

Psalm 90:12 says, "Teach us to number our days aright, that we might gain a heart of wisdom."

Arnold W. Farlow – Executive Director

## UPCOMING EVENTS

You can also visit [www.therescuemission.org](http://www.therescuemission.org)



### MIRACLES AT THE MISSION

May 30, 2008

Mark your calendars for this year's 39th Annual Banquet and Graduation ceremony. Join us as we celebrate another year of the Lord's miracles in the lives of so many. This is a chance to meet the people you support and pray for!

### SWING FOR HOPE

June 20, 2008

Don't miss out on a great opportunity to help Frederick's hungry, homeless, and hopeless, all while having fun! The day will include exciting contests, lunch, and testimonies of how lives are being regained by the power of Jesus Christ.



## Special Thanks to...

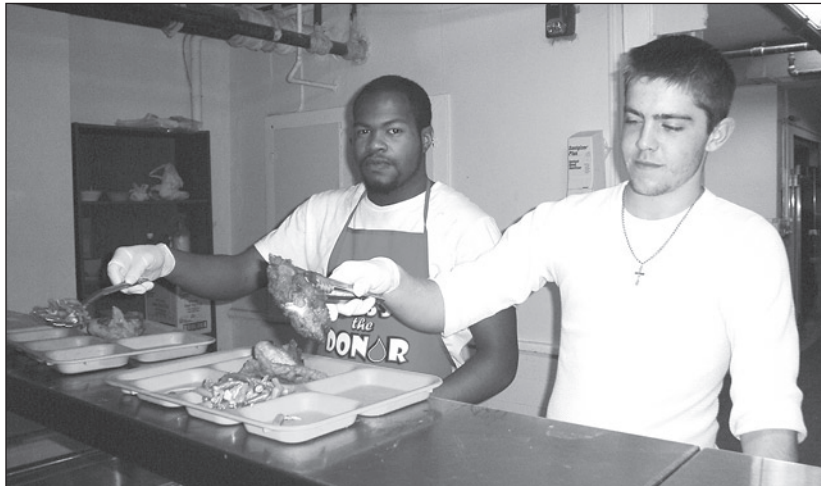
**The Community Foundation of Frederick County** for their generous grant award to purchase equipment for the Mission's Bread of Life Community Kitchen which allow us to better serve Frederick's hungry men, women, and children.

The Community Foundation also provided funding to acquire security cameras for Mission property and urine analysis testing kits for the men at Beacon House. The Mission is committed to maintaining a high level of safety and accountability for everyone who comes to our facilities for assistance. We would like to extend our sincere appreciation and gratitude to the Community Foundation of Frederick County for their ongoing support of the Mission.

**Delaplaine Foundation, Inc.** for their recent grant award to the Frederick Rescue Mission's general fund. The Mission is extremely thankful for the faithful financial support Delplaine Foundation, Inc. has provided over the past years.

## Ministry Update – Community Service

What it's like to be in jail or face other harsh judicial penalties, only some will ever really know. But for those who want to avoid such sentencing, community service may be allowed as a constructive alternative. When that happens, individuals are referred to the Frederick Rescue Mission to complete the required hours. The interesting thing is that many, who have come solely out of obligation to the law, end up having their lives changed and become faithful supporters of the Mission. A great example is John Hammond, whose story you can read on the front page of this newsletter. Many others like John have in the past, and continue to, give time, hard work, and professional services well after court-ordered hours are fulfilled. This is a great reflection of what the Frederick Rescue Mission believes in; God can change anything, any situation, and anyone for His glory!



Many others like Justin (left) and Drew (right) are ordered by the court to serve 40 hours at the Mission, but are inspired to come back and volunteer.

*"I like helping people and want to come back to volunteer."*

– Justin

## Christmas thank you... from a resident

I would like to take this opportunity to thank all the people who so generously donated their time, food, money, presents and most of all, their love for me and the other residents and our families at the Frederick Rescue Mission during Christmas. Had it not been for the Mission and all of your caring efforts, I myself would not have had a roof over my head, food in my stomach, or a present to open on Christmas day. I now have faith and hope to live a decent life, to get my family back, and perhaps help some other person in the same situation I was in. Once again, I thank all of you for a wonderful Christmas season, and the life I'm getting back through you caring efforts. May the blessings of Jesus Christ be on all of you today and for the rest of your lives.

– Mike, resident of the Changed Life Recovery Program



## VOLUNTEER CORNER



Frederick Rescue Mission would like to announce John Hammond as January's Volunteer of the Month! The following honor is made by a resident of the Mission's Recovery Program who has worked side by side with John in the kitchen:

"I met John shortly after I arrived at the Mission. I instantly noticed his kindness and love for the Lord. He truly cares for each of us men here, and we care about him as well. He has taken the time to get to know all of us in the Kitchen and we know that we can always talk to him. I have personally seen many volunteers in the last 11 months and John is one of the most dedicated ones. I know that not only me, but all of the other men are blessed that he is a part of this ministry. Thank you, John!"

– Brian, resident of the Program



## VOLUNTEER TREE

Current Volunteer Needs:

- On-call envelope stuffers
- Weekly admin assistants
- Kitchen server groups
- Tutors and teachers
- Skilled maintenance helpers

Please email  
hkim@therescuemission.org

*Yes! I would like to bless many at the Frederick Rescue Mission!*

other \$ \_\_\_\_\_  \$300  \$100  \$75  \$50  \$25

Name \_\_\_\_\_

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Signature \_\_\_\_\_

I would only like to receive Holiday newsletters (Thanksgiving, Christmas, and Easter)

*Please detach this form and return with your tax deductible gift in the enclosed envelope. THANK YOU!*



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## Hope List

*Give a little gift of hope and make a big difference!*

### ONGOING NEEDS

- Disposable forks, plates, cups, bowls, spoons, knives, coffee cups
- Napkins, toilet paper, paper towels
- Coffee, creamer, sugar
- Non-perishable food items
- New or gently used clothes
- New or gently used furniture
- New NIV Study Bibles

Please contact [hkim@therescuemission.org](mailto:hkim@therescuemission.org) or call 301.695.6633 ext.102. Thank you!

### LIVING TRIBUTES

Gift Given by

Mrs. Lina W. Stann in memory of Jack Stann

Mr. and Mrs. Milton Hendley in memory of Russell Paul Schwartzbeck