

*Yes! I would like to bless many at the Frederick Rescue Mission!*

other \$ \_\_\_\_\_  \$300  \$100  \$75  \$50  \$25

Name \_\_\_\_\_

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Visa/MasterCard Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

I would only like to receive Holiday newsletters (Thanksgiving, Christmas, and Easter)

A copy of our current financial statement is available upon request by contacting Frederick Rescue Mission at PO Box 3389, Frederick, MD 21705 and 301.695.6633. Documents and information submitted to the State of Maryland under the Maryland Charitable Solicitations Act are available from the Office of Secretary of State, State House, Annapolis, MD 21401 for the cost of copying and postage.

*Please detach this form and return with your tax deductible gift in the enclosed envelope. THANK YOU!*

Nonprofit Org.  
U.S. Postage  
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21701  
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**FREDERICK RESCUE MISSION**  
P.O. Box 3389  
Frederick, MD 21705-3389

*Hope List* Give a little gift of hope, make a big difference

- Non-perishable food items (canned vegetables, pasta, rice, mashed potatoes, coffee, sugar, tea and lemonade, etc)
- New or gently-used clothing
- New or gently-used furniture
- Office supplies (paper folder, paper cutter, copy paper, manila folders, tabs, labels, post-its, scotch tape, glue sticks, card stock, etc)
- Paper products (cups, plates, silverware, toilet paper, paper towels, etc)
- Hygiene Products (shampoo, soap, double-edged razors, toothbrushes and toothpaste, towels, deodorant, lotion, etc)
- Blankets

For more info, contact 301.695.6633 x222  
or, [emoore@therescuemission.org](mailto:emoore@therescuemission.org)

**LIVING TRIBUTES**

Gift given in honor of  
Ms. Anne Garrett & Katherine Jones  
by Ms. Julie M. Garrett



**FREDERICK RESCUE MISSION**

January 2009

**PARTNERSHIP LETTER**

*The Frederick Rescue Mission is a Christ-centered ministry that seeks to rescue the least, the last, and the lost from a life of poverty, hunger, homelessness, and chemical dependency.*

*From the Old to the New*

My name is Greg and I am originally from Baltimore City. I have lived two distinctly different lives while here on earth: one old, one new; one bad, one good. Sort of like Dr. Jekyll and Mr. Hyde. My old life was run on "things" that would be self-gratifying and "things" that would make me happy.

Life, however, cannot be sustained by self-will. This attitude led to a 20-year addiction to drugs and alcohol. Addiction can only take you three places: jail, an institution, or death. Rehab after rehab, jail after jail, it was the same old thing - homelessness, not showering or eating for days, living in fear day after day, praying that I would not live to the next morning.

Hope was a word that was not in my vocabulary at that time. I thought that I would live the rest of my life on the streets and die there.

My father found out about the Beacon House through a co-worker of his. I arrived here in 2000 not knowing what to expect; I wanted a better life for myself but like I said, hope was not in my vocabulary.

That day was the start of a whole new wonderful life. I was taught that God had a plan and a purpose for my life - a life of prosperity and not of harmful things (Jeremiah 29:11). I was taught to help out and give back. This was the complete opposite of what I had lived for over the past 29 years. I don't remember the exact moment God spoke to me, but I can tell you this - it was through the people at the Beacon House and the volunteers that came there.

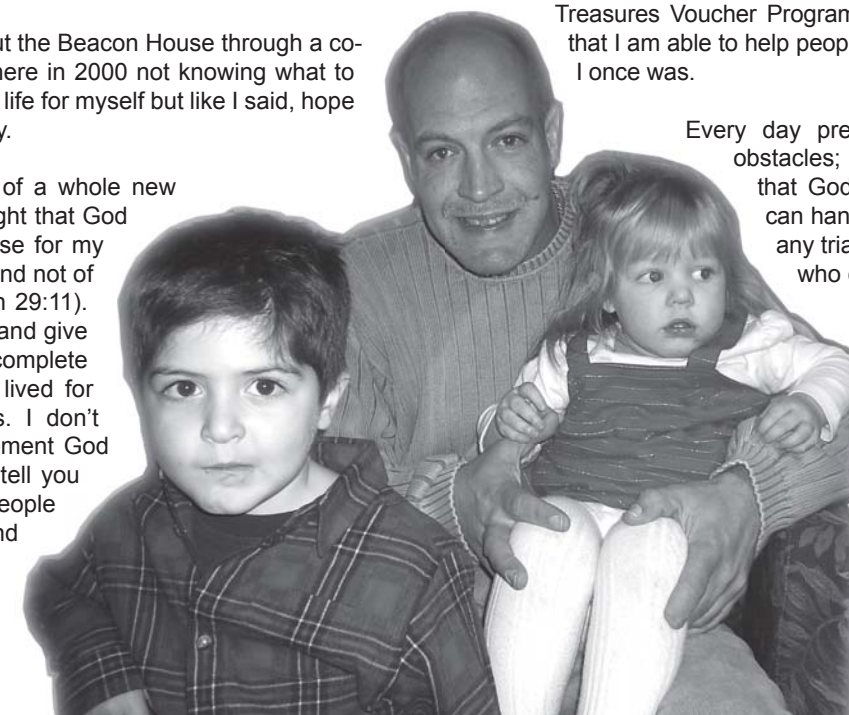
Since graduating the program in 2001, my life has taken on a whole new meaning. My relationship with my family is as good as it's ever been, I bought a house three years ago and most importantly of all, God has given me the biggest blessing of all - a son and a daughter. Joey is five and Ayden is almost two. When I start to lose a little faith in God, all I have to do is look into their eyes, and my faith is renewed.

I was laid off from my job in 2007 and stopped by to see Tommy Skaggs - Director of Development at the Mission. Tommy and I grew up together and I hadn't seen him in awhile. Not knowing a blessing was coming my way, he informed me they needed a driver, and the next morning I was there.

Since then I have been promoted to manage the Rescued Treasures Voucher Program. What I love about my job is that I am able to help people that are in the same situation I once was.

Every day presents its own struggles and obstacles; I just keep the faith and trust that God will not give me more than I can handle. Perseverance is the key to any trial or tribulation. If God is for me, who can be against me?

In closing I would like to thank God, the Beacon House, and all of you for your prayers that ultimately have given me a life beyond my wildest dreams these past eight years. Happy New Year and God bless you and your families!



*Greg and his two kids, Joey and Ayden, at the Rescue Mission's annual Christmas party.*

*"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new!" 2 Corinthians 5:17*

**Arnold W. Farlow - Executive Director**

**BOARD OF DIRECTORS**

- |   |   |  |  |  |                           |                      |
|---|---|--|--|--|---------------------------|----------------------|
| <b>Tracy Vagrin</b><br><i>President</i> | <b>Charlie Smith</b><br><i>Vice President</i> | <b>Terri Brown</b><br><i>Secretary</i> | <b>John Dallavalle</b><br><i>Treasurer</i> | <b>Rev. Richard Dyson</b><br><b>Ron Dustin</b> | <b>James MacGillivray</b> | <b>Jan Nicholson</b> |
|---|---|--|--|--|---------------------------|----------------------|

MINISTRIES

- Residential Services
- Bread of Life Community Kitchen
- Lindsey Learning Center
- Recycling Services
- New Life Chapel
- Administrative Offices

STATS YTD THROUGH AUGUST 2008

- Meals Served . . . . . 61,459
- Food Boxes Distributed . . . . . 1,640
- Recycled Textiles . . . . . 1,209,770 lbs.
- Clothing Vouchers Distributed . . . . . 799 (\$13,789)
- Furniture Vouchers Distributed . . . . . 205 (\$13,789)
- Overnight Shelter Provided . . . . . 11,991
- New Residents Served . . . . . 86
- Residents Assessed for Educational Advancement . . . . . 86
- Residents Engaged in External Diploma Program . . . . . 12
- Residents Taking College Courses at FCC . . . . . 1
- Residents Receiving Tutoring . . . . . 12

**Correction:** Last month Overnight Shelter Provided YTD was reported as 1,147. The correct number was 10,851. We apologize for any confusion this may have caused.

CONTACT INFO

Frederick Rescue Mission  
PO Box 3389  
Frederick, MD 21705

301.695.6633  
emoore@therescuemission.org

MISSION WORK

Do you feel called to work in a ministry that changes lives? The Frederick Rescue Mission is always looking for qualified, passionate people to join the Mission team in serving the broken and hopeless. Be a part of a wonderful organization who seeks to glorify Jesus Christ. Please email your resumes to [jobs@therescuemission.org](mailto:jobs@therescuemission.org)



FROM THE EXECUTIVE DIRECTOR

2008 has been a challenging year and many probably will be glad to see it go. Yet 2009 brings a lot of uncertainty; it will definitely be a year of change.

Yet with God there is certainty and consistency in the most important aspects of our faith. Jesus Christ died for our sins and He rose from the dead. Chaos or no chaos, God is in control. Nothing ever surprises God; His love is everlasting. Jesus promised those who follow Him that He would be with them to the end of the age.

The psalmist writes in Psalm 118:5-9: "In my anguish I cried to the Lord, and He answered me by setting me free. The Lord is with me; I will not be afraid. What can man do to me? The Lord is with me; He is my helper. I will look in triumph on my enemies. It is better to take refuge in

the Lord than to trust in man. It is better to take refuge in the Lord than to trust in princes."

As I look toward 2009 the changes I want to see most are within myself. I want to be closer to Jesus. I want to know how to trust the Lord more. I want to become a better servant. I want to know better the secret of being content in Christ with plenty or with want. I want to live the life of giving more fully.

It is our desire at the Mission to see lives changed now and for eternity. While much is uncertain, we are certain as we put our trust in Christ He will be with us.

Arnold W. Farlow - Executive Director

Notes of Gratitude

The Frederick Rescue Mission would like to thank these organizations for their generous support of the Frederick Rescue Mission:

- First Missionary Baptist Church, who raised money for the Rescue Mission during their annual harvest golf tournament.
- Seismic Surveyors, whose employees unanimously voted to donate \$500 to the Rescue Mission.
- Bechtel Corporation, who held their second annual food drive and "statue" building competition. Altogether they donated over \$3,000 and over 9,800 non-perishable food items.
- Barry Weller and Lockheed Martin, as well as all those who donated turkeys for our annual Turkey Drive and Thanksgiving feast. Your donations helped us to give out 317 Thanksgiving food boxes complete with a turkey and all the trimmings!



▲ Elena & David Miller of Seismic Surveys, Inc. presented the check to Tommy Skaggs, Director of Development, and Arnold Farlow, Executive Director at the Frederick Rescue Mission.



▲ Members of First Missionary Baptist Church present FRM Executive Director Arnold Farlow with a check for \$1,000.



▲ The winning Bechtel "sculpture" was a football field created with various food items by some football fans. Many of the winners donated half, if not all, of their prize money back to the Frederick Rescue Mission.



▲ Each resident of the Beacon House received a gift from Middletown United Methodist Church during the annual Christmas Party.

Those who helped make our 2008 Christmas Party very special:

- Middletown United Methodist Church, who graciously shared their building for the Mission Christmas party, and Milt Tipperman along with a team of volunteers who served wholeheartedly before, during and after the party.
- Grace Community Church, who shared their lovely decorations for the Christmas party.
- The "Dream Team of Decorators" (Linda Adams, Lisa Cairns, Courtney Cairns, Mary Anne Pereira, Carol Rettig, Dianne Dodge, Beth Farlow, and Elizabeth Joy Farlow), who freely gave of their time and energy to create a beautiful setting for the Christmas party.

New Year, New Beginnings

"The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. 'The LORD is my portion,' says my soul, 'therefore I will hope in him.'" Lamentations 3:22-24

*My addiction brought me to Beacon House. The steadfast love of Christ Jesus has given me the hope to overcome my addiction and to live a life of peace and love. Christ Jesus has shown me His mercy, and I feel stronger each morning in my determination to begin a new life and walk in the way of Christ Jesus. Beacon House is a safe, peaceful haven where you can study God's word and feel His grace. I have confidence that in the New Year I will grow stronger in love and peace at the Beacon House.*

Daniel Kemp, current Beacon House resident

As we start a new year, will you remember to keep those we serve in your prayers? God is alive and moving, and we see every day His power in the lives of the men here. But the evil one is also alive and well, and his attacks are frequent and consistent. Our prayer is that not only the men, but also those in line to eat every day, our staff, and you—our supporters, will experience the fullness and power of Christ every day of this new year. That's our resolution, and we invite you to join us."



MINISTRY UPDATE: Rescued Treasures Voucher Program

The old adage goes, "One man's junk, another man's treasure," and there is no one who understands that saying more than those who receive free clothing and furniture every day through our Rescued Treasures Voucher Program, a.k.a. "Recycling." We accept new or gently used clothing and furniture almost every day of the year to be used in our voucher area, and so far this year we've given out over \$27,000 worth of clothing and furniture free of charge to the community.

Our Recycling Program is also a significant source of funding for the various other programs we offer. If not for the hard work of our Recycling Manager, Greg Lamp, and his hard-working team, it would be considerably more difficult to serve 250 meals a day, keep our residents warm at night, or provide the necessary resources for our residents to overcome their chemical dependencies.

It is easy to donate. The Rescue Mission takes donations Monday – Friday from 6am – 6pm. Tax receipts are available. Just drop your donations off at the front desk, and we will take it from there. Also there are several recycling boxes which have been recently added around Frederick, including the corner of Rte. 75 and Rte. 550, the YMCA, and the Yellowspring Recycling Satellite Station. Other convenient drop boxes may be found at East St between 6th and 7th, Mountingate Restaurant in Thurmont, and Safeway in Middletown.



VOLUNTEER CORNER



Eli (middle, standing) and some of his group from Lighthouse Ministries in front of the Frederick Rescue Mission last year for Christmas

The Frederick Rescue Mission would like to honor **ELI CHOI** for his faithful volunteer service over the last year.

Eli leads Lighthouse Ministries in preparing and serving a meal for the residents of the Mission every first Saturday of the month. He also shares with the men in chapel one Friday a month.

He comments, "The most amazing thing for me to see is the men of the mission truly worshipping God during chapel time. I am always blessed by their joy in God through any circumstance and their hope for God in the future. It is always a blessing.

"Every time we come to visit, we are encouraged and humbled by the faith in the men and the faithfulness of those who serve in the mission."

Thank you, Eli, for putting your time and energy into being the hands and feet of Jesus to those we serve. God bless!

VOLUNTEER TREE

Current Volunteer Needed:

- On-call envelope stuffers
- Weekly admin assistants
- Kitchen server groups
- Tutors and teachers
- Skilled maintenance helpers

Please email [emoore@therescuemission.org](mailto:emoore@therescuemission.org)