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MINISTRIES

- Beacon House
- Bread of Life Community Kitchen
- Lindsey Learning Center
- Recycling Services
- Rescued Treasures - Clothing & Furniture Program
- New Life Chapel
- Administrative Offices

STATS YTD THROUGH FEBRUARY 2010

- Meals Served 14,927
- Food Boxes Distributed 266
- Recycled Textiles 178,960 lbs.
- Clothing Vouchers Distributed 137 (\$4,517)
- Furniture Vouchers Distributed 19 (\$969)
- Total Nights of Lodging 1,021
- New Residents Served 4
- Residents Assessed for Educational Advancement 4
- Residents Engaged in Academic Improvement 9

CONTACT INFO

Frederick Rescue Mission
PO Box 3389
Frederick, MD 21705

301.695.6633
emoore@therescuemission.org

"Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you."

Isaiah 54:10



FROM THE EXECUTIVE DIRECTOR

A lady recently wrote to the Frederick News Post about being overwhelmed by so many charity appeals in the mail. Some were national and others were local. From her letter it was obvious she has a generous heart but she was also frustrated by the constant barrage of mail asking for money.

Her agitation reveals a difficulty for a ministry like the Frederick Rescue Mission and many non profits. The Frederick Rescue Mission exists only because individuals, businesses, and churches want it to. We do not rely on streams of revenue from government sources. The Mission is a partnership based, Christ centered ministry. Yes- I am sure one of our mailings reached this dear lady's mailbox.

The Mission sends out mailings 3-4 times a year. We want people to know the story of what God is doing here. The hungry are being fed; the poor are being helped; and the broken are being given hope – hope in Christ.

Yet the greatest thing about the Mission is that we are local. One of our mottos is "Live here, Give here". If you give to the Mission you can get in your car and come to 419 West South Street and see

for yourself how your giving is being put to use.

On May 14th, 2010 we are having our annual Fundraising and Graduation Ceremony Banquet. The theme is "Face to Face". Our heart is for those who give of their time, talent, and treasure to come face to face with those who have been changed and helped by the grace of God that flows through the Mission.

Most people today want to make a difference. They want to be involved in a cause they believe in or an issue that arouses passion. Yet we can be involved in a lot of things and worthwhile causes but never see the lives of those affected. However at the Frederick Rescue Mission one can come face to face with those in great need and know that his or her efforts go beyond any mailing asking for money. "May God be gracious to us and bless us and make His face shine upon us..." Psalm 67:1

Arnold W. Farlow - Executive Director

UPCOMING EVENTS

FACE-TO-FACE
2010 Fundraising Banquet & Graduation Ceremony

Christian artist Chris Rice wrote these lyrics in his song "Face of Christ:"

*How did I find myself in a better place
I can't look down on the frown on the other guy's face
'Cause when I stoop down low,
look him square in the eye
I get a funny feeling, I just might be dealing
With the face of Christ*

There are days at the Mission when 300 faces may pass through - many tired, some broken, some just thankful for the only bit of comfort they'll experience all day. Each one a fighter in their own way, each face has a story to share.

At the Mission's 2010 fundraising banquet and graduation ceremony, we want to share just a few of these stories. We would like you to join us for dinner and a closer look at the lives of those we serve both in our Changed Life Recovery Program and through our emergency services: Bread of Life Community Kitchen and Rescued Treasures Voucher Program.

If you haven't reserved your tickets yet, call Tommy Skaggs at 301-695-6633 x209 for more information.

WHEN: May 14, 2010 at 5pm

WHERE: Martin's Caterer's
79 W Frederick St.
Walkersville, MD 21793

WHAT: Dinner, Silent Auction,
Live Music, Short Program

HOW MUCH: \$65/ticket
\$125/2 tickets
\$500/table (8)
additional sponsorship opportunities available

RSVP: Tommy Skaggs
301-695-6633 x 209



A Groundbreaking Moment



On Tuesday March 2, a groundbreaking phone call was received at the Mission: the long-awaited and much-needed building permit was approved, and we will officially start the expansion of our building on April 8, 2010.

The need to expand has been growing. In 2008, the Mission served 69,143 meals to those in need. In 2009, we served 90,168 meals - a 32% increase. On average, over 200 people are filing through our lunch line every day. In addition, we are distributing eight emergency food boxes a day, a number which could easily be doubled and even tripled in relation to the need for the boxes.

The need for services has surpassed our space. The Mission's dining hall seats 36 people, and there is a picnic area outside that seats up to 50 people, but even that isn't enough to

accommodate just one lunch service. Those who come to eat wait outside no matter the weather, and their meal is rushed and cramped.

Because of the steady rise in demand over the last several years, the Mission's board of directors began planning an expansion that has been four years in the making. We hope for the building to be completed by the end of 2010 and ready for use. The new building will include:

- A larger dining hall/multi-purpose room to better accommodate community
- Indoor waiting area for all those who come to eat meals
- New classroom space on the second floor—to be used for recovery classes, as well as additional programs for those we serve in the community

This is an extremely exciting time to be involved with the Mission. Watch for ways to get involved with the expansion in the coming weeks and months.

Rescuing STUDENTS IN NEED

So far in the 2009-10 school year, almost 400 Frederick County students have been identified as homeless—an astonishing number.

In order to help, the Frederick Rescue Mission recently formed a partnership with Frederick County Public Schools and their Community Agency School Services (CASS) to provide these students with needed food, clothing, school supplies, and other essentials. Recently, the Mission gave over 8 big boxes filled with donated jeans from a national Aeropostale clothing drive to be sorted and distributed to students in need.

The CASS division of FCPS is dedicated to identifying these homeless students and ensuring they receive needed transportation to the school of their choice, food, supplies, and more—in order to support their educational and personal development.

If you'd like more information on how to get involved with this partnership opportunity, contact Emily at 301-695-6633 x 222.

Andy's PANTRY

Undoubtedly one of the best parts about cooking is the freedom to make any dish your own. I am without question a pasta man, and I've now made this dish several times - each time different than the last. I've used turkey sausage, chicken, baby vegetables, and a variety of spices. Have fun, and make it yours!

- 1 Sweet Onion
- 1 Med Zucchini
- 1 Red Bell Pepper
- ½ Pk Button Mushrooms
- ½ Pt Grape Tomatoes
- 1½ Tbs Olive Oil
- Black Pepper (to taste)
- Kosher Salt (to taste)
- Garlic (to taste)
- 2-3 Links Sweet Italian Sausage (thinly sliced)
- Chicken Broth
- 1/3 Lb Shrimp (30-40)
- 12 oz. Penne Pasta

Preheat oven to 400 degrees. Cut vegetables, excepting grape tomatoes, into bite-sized pieces, mix in bowl and add olive oil, pepper, salt, and garlic. Place mixture on a sheet pan and set timer to 30 minutes. At 20 minutes, add grape tomatoes and cook until caramelized.

Boil pasta in separate pan. In large skillet cook off 2-3 links of sweet Italian sausage, thinly sliced, until cooked. Add chicken broth to deglaze the pan, then add the shrimp until cooked. Mix all ingredients together, and Voila! Delicious dinner.

ANDY'S PANTRY SUMMER CHALLENGE!

Starting in June, bring in your non-perishable food donations with coupon (in May newsletter) attached, and Andy will create recipes from specific donated foods, to serve in our Bread of Life community kitchen.

COMMENTS?

Email Andy at aanderson@therescuemission.org